


October Lunch Menu 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1st
				Chicken & Rice Mixed Veggies Mixed Fruit Wheat Roll
4th	5th	6th	7th	8th
Crispy Beef Taco Salad Mexi-corn Blueberries Lettuce/Tomato	Chicken Strips Capri Veggies Tropical Fruit Mix Potato Smiles	Ham & Cheese Rollup Sun Chips Veggie Sticks* Green beans Mixed Fruit	Hotdog on a Bun Curly Fries Green Beans Strawberries	Fish Sticks Macaroni & Cheese Broccoli Pears
NO School 11th	12th	13th	14th	15th
Grilled Chicken Sandwich Curly Fries 5- Way Veggies Strawberries	Salisbury Steak Roll Scalloped Potatoes Green Beans Peaches	Ham & Cheese Sandwich Cheetos Veggies Sticks* Green beans Mixed Fruit	Beef & Bean Burrito Corn / Beans Chips and Salsa Oranges	BBQ Chicken Roll Baked Beans Pineapple
18th	19th	20th	21st	22nd
Chicken Alfredo Broccoli Roll/ Breadstick Sliced Grapes	Pizza Mixed Veggies Orange* Crushed Oranges	Beefy Noodle Breadstick Salad* Cooked Carrots Strawberries	Popcorn Chicken French Fries Green Beans Mixed Fruit	Mexican Casserole Refried Beans Salad*Green Beans Apple Slices
25th	26th	27th	28th	Half Day 29th
Sloppy Joes on a bun Tater Tots Green Beans Peaches	Chicken Fajita Chopped Salad/ Pinto Beans Chips & Salsa Pineapple	Ham & Cheese Sandwich Chips Veggie Sticks*Green Beans Bananas	Baked Pepperoni Pasta Broccoli Garlic Bread Pears	Mummy Dogs Finger Fries Ogre Teeth "Pigs in a Blanket" "French Fries" "Apple Slices"

**MUST CALL IN YOUR CHILD A LUNCH BY 10:00 AM
NO LATER PLEASE**

This is a NUT FREE MENU

Canned Fruit for Child Care Fresh Fruit for School

MENU IS SUBJECT TO CHANGE

October Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1st
AM:				Breakfast Pizza Water
PM:				Chex Mix Milk
4th	5th	6th	7th	8th
AM: Cereal Bar Water	Fruit Water	Cinnamon Toast Water	Pancake & Sausage Water	Cheese Stick/ Slices Water
PM: Cheese Sandwich Milk	Goldfish Milk	Applesauce Milk	Carrot Sticks Milk	Elf Grahams Milk
11th	12th	13th	14th	15th
AM: Cereal Water	Yogurt Water	Cheese Sticks Water	Pancake Bites Water	Cheese Toast Water
PM: Animal Crackers Milk	Chex Mix Milk	Graham Crackers Milk	100 Calorie Pack Milk	Turkey Roll Up Milk
18th	19th	20th	21st	22nd
AM; Muffin Water	Granola Bars Water	Yogurt Water	Cheese Toast Water	Breakfast Pizza Water
PM: Teddy Grahams Milk	Vanilla Wafers Milk	Apple Slices Milk	100 Calorie Pack Milk	Cheese Crackers Milk
25th	26th	27th	28th	29th
AM: Cheese Sticks Water	Pancake & Sausage Water	Cheese Toast Water	Waffles Water	Granola Bars Water
PM: Graham Crackers Milk	Turkey Roll Up Milk	100 Calorie Pack Milk	Elf Grahams Milk	Vanilla Wafers Milk

We are an Equal Opportunity Employer

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Menu is subject to change.